



ORGANIC HONEYNUT SQUASH

ORDER NOW

SEASON: SEPTEMBER - JANUARY

FLAVOR PROFILE: SWEET, NUTTY, UMAMI

LOADS:

WA: Kent, Wapato

OR: Portland

CA: Los Angeles,
Esparto

DELIVERY:

Portland, Seattle,
Los Angeles, and
California Bay Area

Small in size,
Big in flavor and nutrition.



The Organic Honeynut Squash might be tiny compared to other squash relatives, averaging 2.5 to 4 inches wide and 4 to 5 inches long, but what it lacks in size it makes up for in flavor and nutrition. A single serving is estimated to have twice the beta-carotene as a normal butternut squash, and it would only make sense that something so small and cute is also so sweet. Within its thin, edible skin, it has a naturally sweet, malty, and caramel flavor that is accentuated when roasted.

56 / pallet

35 lbs / case

Label: Grown Up Organics



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FRESH PRODUCE FROM *Farm to Family*

